

*National Shrine of Saint Elizabeth Ann Seton*

# RETREAT & PILGRIMAGE

## PACKET

### WALK IN THE FOOTSTEPS OF A SAINT

Experience Spiritual renewal and rejuvenation on the land where Saint Elizabeth Ann Seton, the first native-born American Saint lived and labored.

Immerse yourself in “the Valley of Blessings”, as Saint Elizabeth Ann Seton referred to the beautiful and inspiring Saint Joseph’s Valley, where the Shrine is nestled in Emmitsburg, Maryland.

## INSPIRATION AROUND EVERY TURN

Pray at the final resting place of Saint Elizabeth Ann Seton in the Basilica; View beautiful mosaics and artwork from Italy and stained glass from Germany; tour the historic homes of Mother Seton furnished with period decor, listen to the peaceful sound of a waterfall in the Seton Legacy Garden. This and so much more awaits you and your group.

## WE OFFER

The magnificent basilica for your masses and devotions  
Guided tours of Mother Seton’s houses and historic grounds  
Meeting rooms for reflection and private programming  
Catering for your group’s needs

We hope that the information contained in this planning packet will help you plan a prayerful time of renewal and discovery for your group, and we look forward to welcoming you to the Shrine of the first native-born American Saint.

For more information or to book your visit, call 301-447-6606



# ENHANCE YOUR VISIT WITH...

## GUIDED TOURS

### SETON WAY GUIDED TOUR

Accompanied by a guide, your group will see our historic sites and discover their significance in Elizabeth Ann Seton's life. The tour takes approximately an hour. \$5 per person donation suggested.

### CIVIL WAR SISTERS GUIDED TOUR

Learn how the Sisters and Daughters of Charity served the soldiers during the war, and visit the site where Union soldiers camped prior to the battle that became the battle of Gettysburg. Advance registration required. \$10 per person donation suggested.

## EXHIBITS

### 40 YEARS A SAINT EXHIBIT

This exhibit tells the story of Elizabeth Ann Seton's journey to sainthood and highlights the September 14, 1975 event where she was proclaimed a saint! Admission is free of charge.

### CIVIL WAR SISTERS EXHIBIT

Learn how Daughters and Sisters of Charity served those in need during the Civil War. Read personal accounts of the Sisters, see where they served, view panoramic images, and see bullet fragments and other artifacts found on the battlefields. Admission is free of charge.

### SISTERS TODAY: A WORLD OF DIFFERENCE

The Legacy of Saint Elizabeth Ann Seton and others lives on in the good works that the Sisters are doing throughout the world, and is highlighted in our latest exhibit. Admission is free of charge.

## ON SITE CATERING

### HOT BEVERAGE SERVICE

Regular and Decaf coffees served with amenities, Hot Tea also included. Cost of \$2 per person

### CONTINENTAL BREAKFAST

An assortment of breakfast breads, fruit, yogurt, and beverages. Cost of \$8 per person

### DELI BUFFET LUNCH

Assorted meats, cheeses and breads with two sides of your choice, cookies and beverages. Cost of \$12 per person



# MEETING ROOM PROFILES

Meeting rooms are available seven days a week from 7:00am - 7:00pm. We ask that all guests vacate the property no later than 7:30pm unless special arrangements have been made with Seton Shrine staff. For groups larger than 100, please call for special arrangements.

## SETON ROOM

- Close proximity to Basilica
- Seats up to 45 participants - Lecture Style
- Seats up to 30 participants - Board Room Style

## GUADALUPE ROOM

- Located on the Basilica level
- Seats up to 100 participants - Lecture Style
- Seats up to 80 participants - Class Room Style

## UPPER RETREAT ROOM

- Located off the Museum
- Ideal for intimate small groups
- Seats up to 25 participants - Lecture Style



Upper Retreat

## THEATER

- Located in the Center of the Museum
- Seats up to 100 participants - Lecture Style
- Seats up to 90 participants - Class Room Style

# NEARBY OVERNIGHT ACCOMMODATIONS

## SLEEP INN & SUITES

501 Silo Hill Parkway, Emmitsburg, MD 21727  
301-447-0044

1 Mile Away  
20% off best available rate

## MARRIOTT FREDERICK HOTELS

Westview Drive, Frederick, MD 201703

26 Miles Away

Fairfield Inn and Suites  
Courtyard  
Residence Inn  
Townplace Suites

\$109 discounted rate per night  
20% off best available rate  
20% off best available rate  
20% off best available rate



# SAMPLE ITINERARIES

## ITINERARY WITH SCHEDULED MASS

### Arrival

10:00 Welcome and Self-Guided tour of Museum

11:00 Guided tour of grounds

12:00 Lunch

12:15 Confessions

1:30 Mass

2:15 Private Programming

### Departure

## ITINERARY WITH PRIVATE GROUP MASS

### Arrival

10:00 Welcome and Private Programming

12:00 Lunch

12:30 Self-Guided tour of Museum

1:00 Guided tour of grounds

2:00 Mass

3:00 Private Programming

### Departure

## ITINERARY FOR YOUTH GROUPS

### Arrival

10:00 Welcome and Private Programming

11:00 Guided tour of grounds

12:00 Lunch

12:15 Confessions

1:30 Mass

2:15 Private Programming

### Departure

## ITINERARY WITH VISIT TO GROTTO OF LOURDES

### Arrival

10:00 Welcome and Self-Guided tour of Museum

11:00 Guided tour of grounds

12:00 Lunch

12:15 Confessions

1:30 Mass

2:15 Visit to Grotto of Lourdes



# HELPFUL INFORMATION FOR YOUR VISIT

## PROGRAMMING

**Private Programming:** The Seton Shrine welcomes the use of the retreat rooms for public gathering of civic, cultural, educational or other services to the community. The group reserving the retreat room(s) will be responsible for developing their own program, and communicating that to the Seton Shrine.

**Basilica Information:** Mass is regularly scheduled in the Basilica at 1:30 pm Sunday - Friday. Confessions are regularly scheduled at 12:15 p.m. Monday – Friday. Should your group wish to have a sacramental program (mass, confessions or other devotions) in the Basilica outside of these times; the group will be responsible for finding a priest.

Ordained clergy who intend to hear Confessions, preside or concelebrate at Mass, or minister in any other capacity at the Seton Shrine must have a Letter of Good Standing sent from their ordinary or major religious superior to the Seton Shrine. The letter must include the date of the visit and should be sent at least one week prior to arrival.

Shrine visitors are welcome to attend any Mass celebrated at the Seton Shrine during operating hours. To facilitate this we ask visiting presiders to use the New Order of Mass in English and to ensure that at least one person is present who can respond with the parts of the people.

**No Smoking/Candle Policy:** This is a smoke-free campus. This means no smoking or lit flames will be tolerated in the building or on the grounds.

## PAYMENT & DONATIONS

**Deposit Policy:** A deposit, along with a signed agreement is required in order to fully confirm your reservation. The Seton Shrine reserves the right to retain the deposit for any group cancellation less than 60 days prior to the event.

**Payment Policy:** Payment of the outstanding balance is required by the morning of your visit. Checks should be made payable to Seton Heritage Ministries, Inc. Credit Cards are also accepted over the phone prior to your visit.

**Cancellation Policy:** The Seton Shrine reserves the right to cancel an event up to 60 days before the scheduled arrival of guests, should circumstances beyond our control mandate such cancellation. All deposits will be fully refunded.

**Suggested Donations:** The Seton Shrine relies on the generosity of its visitors. Only amenities that incur cost with outside vendors will be billed to your group, however suggested donations will also be encouraged. Please consider assisting us in our ministry with your donations.

## SAFETY & SECURITY

**Property Damage/Theft:** Should any damage occur to the premises due to carelessness or neglect, the person or group responsible will be charged for the repairs. A credit card on file will be required for any incidentals that may occur. Seton Heritage Ministries, Inc. is not responsible for the loss of theft of personal property of the guest.

**Medical Emergencies:** If a medical emergency arises, a group representative should call “9-911” to reach Emergency Medical Assistance. There is NO in house medical assistance available.

# PRAYERS & REFLECTIONS

## SAINT ELIZABETH ANN SETON'S VERSION OF THE MEMORARE

Remember, O most pious Virgin Mary, that no one ever had recourse to you, implored your help, or sought your mediation without obtaining relief. Confiding then on your goodness and mercy, I cast myself at your sacred feet, and do most humbly supplicate you, O Mother of the Eternal Word, to adopt me as your child and take upon yourself the care of my eternal Salvation. O let it not be said, my dearest Mother, that I have perished where no one ever found but grace and Eternal Salvation. Love me, my Mother.

## ST. ELIZABETH ANN SETON'S VERSION OF THE ANIMA CHRISTI

Soul of Jesus, sanctify me.  
Blood of Jesus, wash me.  
Passion of Jesus, comfort me.  
Wounds of Jesus, hide me.  
Heart of Jesus, receive me.  
Spirit of Jesus, enliven me.  
Goodness of Jesus, pardon me.  
Beauty of Jesus, draw me.  
Humility of Jesus, humble me.  
Peace of Jesus, pacify me.  
Love of Jesus, inflame me.  
Kingdom of Jesus, come to me.  
Grace of Jesus, replenish me.  
Mercy of Jesus, pity me.  
Sanctity of Jesus, sanctify me.  
Purity of Jesus, purify me.  
Cross of Jesus, support me.  
Nails of Jesus, hold me.  
Mouth of Jesus, bless me.  
Amen.

## A PRAYER FOR MERCY BY MOTHER SETON

Lord Jesus Christ, who was born for us in a stable, lived for us a life of pain and sorrow, and died for us upon a cross, say to God in the hour of death: "Father, forgive," and to your Mother, "Behold your child," and say to us, "This day you will be with me in paradise." Dear Savior, leave us not; forsake us not. We thirst for You, the fountain of living water. Our days pass quickly along; soon all will be consummated. To your hands we commend our spirit, now and forever. Amen.

